

An Invitation to Multicultural Counseling: International Perspectives

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Uwe P. Gielen is the Founder and Executive Director of the Institute for International and Cross-Cultural Psychology at St. Francis College, New York City. Having received his doctorate from Harvard University in 1976, he later served as President of the Society for Cross-Cultural Research, the International Council of Psychologists, and APA's International Division. His 19 edited/co-edited/co-authored books cover areas such as cross-cultural counseling and therapy, international family life and family therapy, moral and psychosocial development across cultures, international psychology, and psychology in the Arab countries. His latest coedited books include *Principles of Multicultural Counseling and Therapy* and *Handbook of Counseling and Psychotherapy in an International Context*. He has given lectures, workshops and paper presentations in 32 countries. For further information, see <http://www.iiccp.org>

Academic Resources

Carter, R. T. (Ed.). (2005). *Handbook of racial-cultural psychology and counseling* [vols. 1-2]. Hoboken, NJ: Wiley & Sons.

This two-volume handbook offers a thorough treatment of the concepts and theoretical developments concerning how to apply cultural knowledge in theory and practice to various racial and cultural groups.

Gerstein, L. H., Heppner, P. P., Ægisdóttir, S., Leung, S.-M. A., & Norsworthy, K. L. (Eds.). (2010). *International handbook of cross-cultural counseling: Cultural assumptions and practices worldwide*. Thousand Oaks, CA: Sage.

This broadly conceived volume reviews and compares the nature and status of counseling psychology in selected countries located around the globe, together with the assumptions and attitudes underlying its practice.

Gielen, U. P., Draguns, J. G., & Fish, J. M. (Eds.). (2008). *Principles of multicultural counseling and therapy*. New York: Routledge.

This volume focuses on the general nature of cultural influences in counseling and therapy and reviews counseling and healing practices from all over the world. Includes bibliography covering important topics in the field.

Gielen, U. P., Fish, J. M., & Draguns, J. G. (Eds.). (2004). *Handbook of culture, therapy, and healing*. Mahwah, NJ: Lawrence Erlbaum Associates (a subsidiary of Taylor & Francis).

Taken together the chapters in this volume provide a broad overview of Western and non-Western traditions as these span the divides among psychosocial, medical, and religious approaches to therapy and healing. Includes extensive bibliography.

Jackson, S. W. (1999). *Care of the psyche: A history of psychosocial healing*. New Haven, CT: Yale University Press.

A medical historian reviews in rich detail the history of Western thinking on healer-patient relationships and the nature of psychological healing from antiquity to modern times.

Laungani, P. (2004). *Asian perspectives in counselling and psychotherapy*. London, UK: Brunner-Routledge.

This concise book uses philosophical discussion, theoretical perspectives, practical advice, and vivid case studies to elucidate differences between Eastern and Western perspectives on counseling.

McGoldrick, M., Giordano, J., & Pearce, J. K. (2005). *Ethnicity and family therapy* (3rd ed.). New York: Guilford Press.

This widely used clinical reference and text provides a wealth of knowledge on culturally sensitive practice with families and individuals from over 40 different ethnic groups. Each chapter demonstrates how ethnocultural factors may influence the assumptions of both clients and therapists, the issues people bring to the clinical context, and their resources for coping and problem solving.

Moodley, R., Gielen, U. P., & Wu, R. (Eds.). (2013). *Handbook of counseling and psychotherapy in an international context*. New York: Routledge.

This text explores the history, philosophy, processes, and trends in counseling and psychotherapy in 35 countries located around the world.

Pedersen, P. B., Draguns, J. G., Lonner, W.J., & Trimble, J. E. (Eds.). (2007). *Counseling across cultures* (6th ed.). Thousand Oaks, CA: Sage.

Ever since its first edition appeared in 1976, this book has been recognized as a pioneering and major contribution to the area of multicultural counseling.

Ponterotto, J. G., Casas, M., Suzuki, L. A., & Alexander, C. M. (Eds.). (2009). *Handbook of multicultural counseling* (3rd ed.). Thousand Oaks, CA: Sage.

The many chapters in this standard handbook present many facets of multicultural counseling as seen through the eyes of a group of predominantly North American scholars.

Poyrazli, S., & Thompson, C. E. (Eds.). (2012). *International case studies in mental health*. Thousand Oaks, CA: Sage.

This book presents a variety of global cases from both developed and developing countries, detailing descriptions of the people who are seeking help to eliminate their distress and of the exceptional practitioners who provide the help.

Sue, D. W., & Sue, D. (Eds.). (2012). *Counseling the culturally diverse: Theory and practice* (6th ed.). New York: Wiley.

This provocative and widely read textbook discusses how counselors should relate to members of minority and disadvantaged groups in American society in order to be of optimal service.

Selected Journals

Counseling Psychologist.

Cultural Diversity and Ethnic Minority Psychology. [Previously: *Cultural Diversity and Mental Health* (1995-1998).]

Culture, Medicine and Psychiatry.

International Journal of Social Psychiatry.

Journal of Counseling Psychology.

Journal of Multicultural Counseling and Development.

Medical Anthropology.

Medical Anthropology Quarterly.

Nouvelle Revue d'Ethnopsychiatrie.

Social Psychiatry.

Social Science and Medicine.

Transcultural Psychiatry.